

"Food, Medicine and Philosophy in East and West" 3-week international PhD course:

Improved understanding of:

- Diet choices in East & West
- Globalization of diet & health
- Basic science epistemology in food and medicine fields
- Science synergy & creativity
- East-West cultural diversity



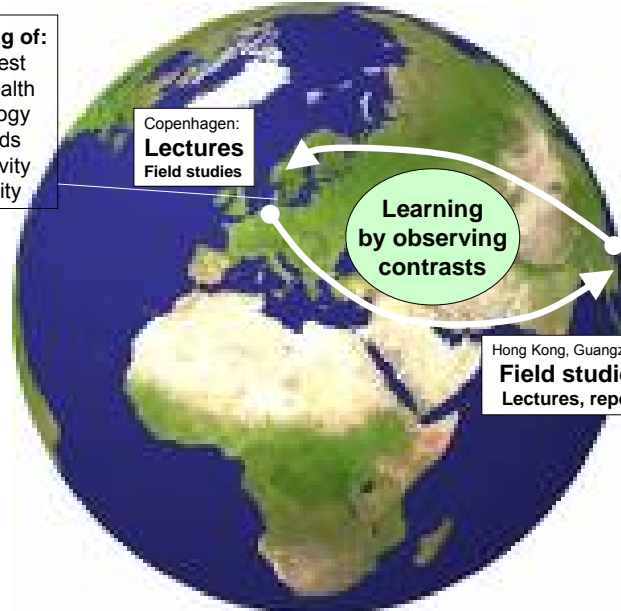
Food



Medicine



Philosophy



Copenhagen:
Lectures
Field studies

Learning
by observing
contrasts

Hong Kong, Guangzhou:
Field studies
Lectures, report

Diet focus on different foods

- more than nutrients (carbohydrate, protein, fat, minerals, vitamins)

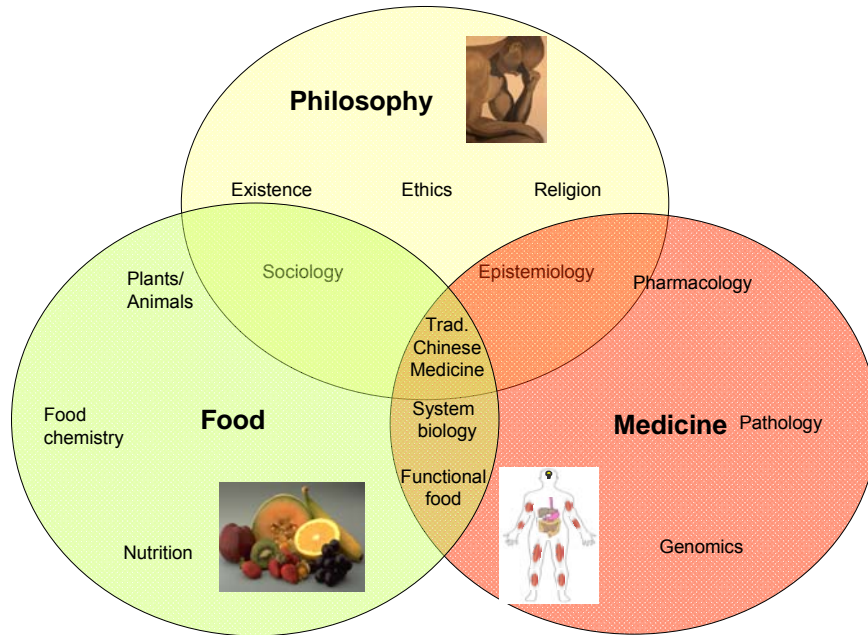


Functional foods unlimited!

Food ↔ Medicine

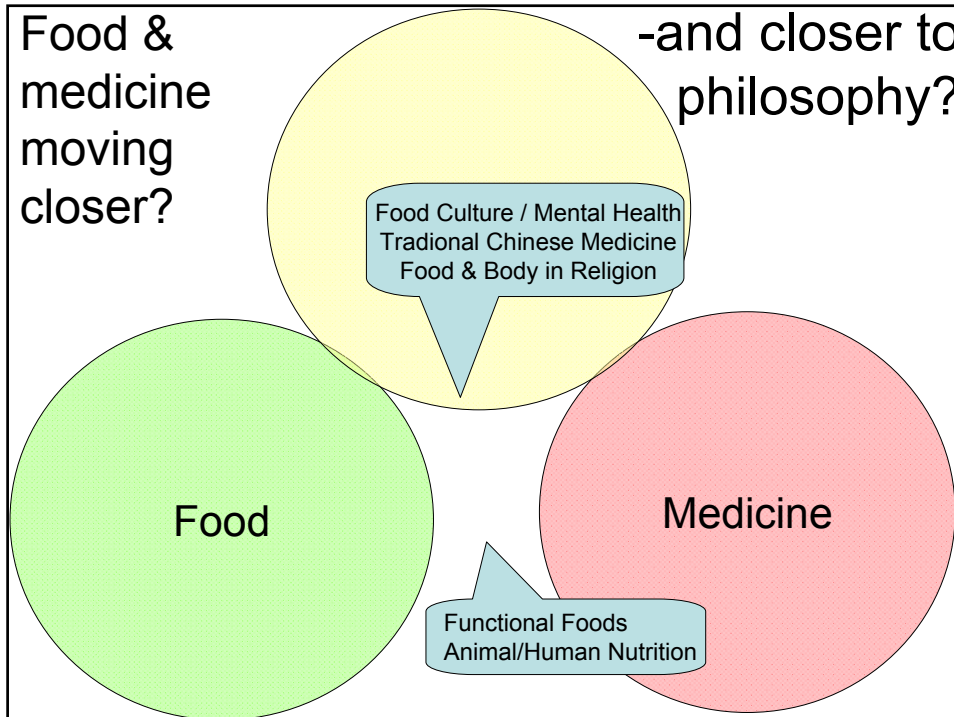


Food, medicine and philosophy – some main study fields:



Food & medicine moving closer?

-and closer to philosophy?



TCM = Traditional Chinese Medicine Food as Medicine + a lot more...



The older
the better....



PhD course: Food, medicine and philosophy

What determines what we choose to eat? Instinct, culture, religion, or science? How important is food for human health, and what is the role of culture and religion for health choices? Diets and food supplements previously restricted to geographical regions are now becoming available world wide. The dietary habits of individuals and populations are determined by more than food availability, technology and science. Culture, religion and philosophical views of nature and the human body also play important roles.

